

Vehicle Safety and Winter Driving Safety



And Other Road Safety Tips

DRIVE TO STAY ALIVE

SAFETY

- THE #1 LEADING CAUSE OF "AT WORK" DEATHS IS VEHICLE ACCIDENTS.
- MOST OF US BEGAN DRIVING WHEN WE WERE TEENAGERS AND AFTER SO MANY YEARS, TEND TO REINFORCE POOR ROAD HABITS.

Driving Distractions

- Inattention or distraction is any action or condition that might divert the driver's attention away from either the road or full control of the vehicle. For example, using a cell phone, adjusting the radio, or spilling a drink

DRIVE TO STAY ALIVE

- Lousy Weather, Rush Hour Traffic, and construction zones are all challenges that require good driving skills. To help yourself stay **SAFE**, always wear your **safety belt**, and follow these next few tips!



TIPS FOR CONSTRUCTION ZONES

- Watch for road signs, workers, and detours.
- Expect to encounter slow trucks and other construction traffic.
- Reduce your speed to stay SAFE.



TIPS FOR RUSH HOUR

- From 6:00 a.m. to 9:00 a.m. drivers may be sleepy or trying to make up for lost time. Stay aware and try to get an early start.
- From 4:00 p.m. To 7:00 p.m. drivers may be thinking about getting home and work stresses. Don't let the cars around you control your driving. RELAX and adjust to a SAFE speed.



WINTER DRIVING TIPS



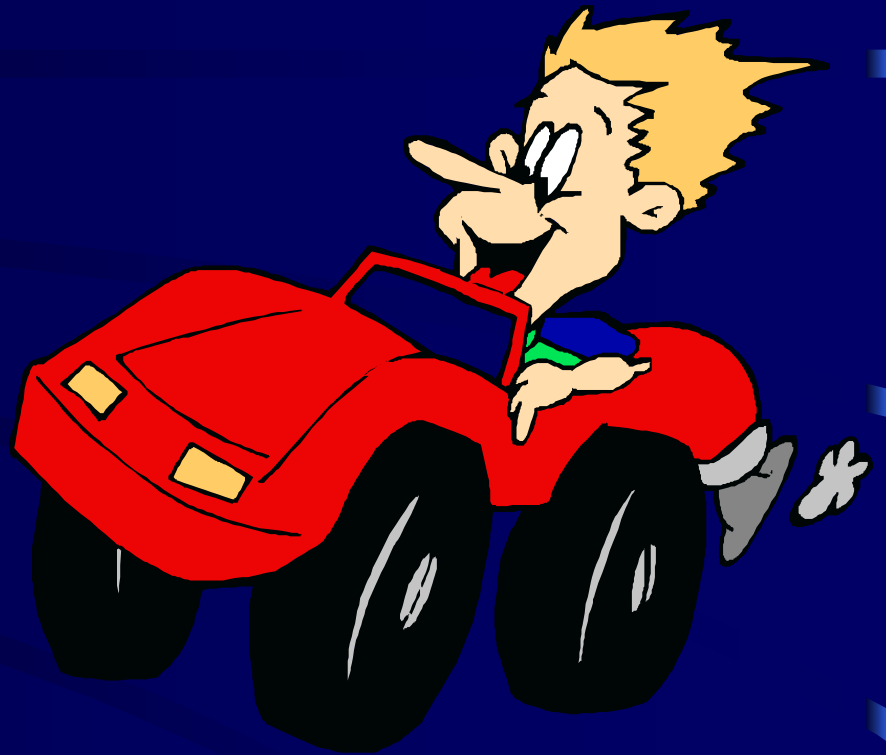
- Leave early and take it slow.
- Reduce your speed, especially on bridges, which may freeze before the road does.
- Avoid un-necessary stops. You may loose momentum and/or control.
- Increase the distance between you and the car in front of you by at least 4 seconds to give yourself adequate time to stop.

MAINTAIN YOUR VEHICLE

- Get regular oil changes and tune-ups.
- Fill the antifreeze in the winter and coolant in the summer.
- Maintain your breaks and shocks.
- Fill the wiper fluid and check the wipers.
- Check tire pressure and tread.
- Check lights and signals.



Drive safely to
ensure your family,
friends and yourself
that you'll return
home safely.



Each government vehicle has a safety kit containing at least:

Jumper cables

Safety vest

"Fix-a-flat"

Cold weather blanket

Flashlight

Light sticks

Roadside flares

Fire extinguisher

Questions

- If you have any questions or concerns please contact the MASC Regional Safety Manager at (303) 497-3912 or at Rhonda.S.Carpenter@noaa.gov.